

BANANAS FOSTER

INGREDIENTS

- 1 Pint ice cream
- 8 T butter
- ½ Cup brown sugar
- 4 Ripe bananas
- ½ Tsp cinnamon
- ½ Cup banana liquor
- 1 Cup dark rum

DIRECTIONS

1. Freeze four dessert plates ahead of time. Put one scoop of ice cream on each frozen plate and return them to the freezer.
2. Cut the four bananas length wise and set aside
3. Heat the pan and add the brown sugar and butter until you have a syrup like consistency.
4. Add the bananas and baste them for 3 minutes while sprinkling with cinnamon
5. Add the banana liquor and rum. Pour slowly and carefully. Let the mixture warm about a minute. If the alcohol doesn't ignite on its own, use a long match to light it. Continue basting bananas.
6. Remove the dishes from the freezer and arrange the banana halves around the scoop. Use a spoon to drizzle the sauce over the ice cream.

